

# Alice Caroline

MADE IN ENGLAND

Cot Quilt Instructions



Finished Quilt Size: 34" x 44"

Supplies you will need:

- 48 Liberty fabric 6" squares
- Quilt wadding/batting and backing fabric, each sized approx: 36" x 46"
- Liberty or plain fabric bias or straight grain binding 5/8" wide
- Thread and sewing machine or needle for hand sewing

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All seams are  $\frac{1}{4}$ " unless otherwise stated.

- 1) With right sides together sew 2 different squares together down one edge. Open out and press seam to one side. (TIP: press seam towards darkest fabric) Repeat with all remaining squares, so you will have 24 sets of squares sewn together.
- 2) i) With right sides together sew 2 pairs you sewed in step 1 together. ii) Open out press seam to one side. Repeat with all remaining pairs from step 1. Now you will have 12 sets of 4 squares joined together.
- 3) Place a block of 4 squares on top of another block of 4 squares, with right sides together and sew down one edge to make a block of 8 squares. Press seam to one side. Repeat with remaining 10 blocks of 4 squares so now you will have 6 blocks of 8 squares.
- 4) i) Place a block of 8 squares with right sides together on top of another block of 8 squares ii) sew down a long edge to make a block of 16 squares. Press seam to one side. Repeat with remaining 2 blocks of 8 squares so now you will have 2 blocks of 16 squares.
- 5) i) Sew a block of 4 squares to a block of 16 squares. Press seam to one side. ii) so you will have a block of 4 x 6 squares. Repeat with remaining blocks of 16 squares and 4 squares
- 6) Sew your two 4 x 6 blocks together along the 6 block edge. Press seam. Your quilt top is now complete.
- 7) MAKE QUILT SANDWICH: Place backing fabric, right side down on table, then wadding on top then your Cot quilt on top. Baste or tacking stitch layers together (you will remove these stitches later) or use washable adhesive to stick layers together or pin layers together with safety pins.
- 8) QUILT: Stitch whatever pattern you like all over the top of the quilt. I kept it simple and stitched "in the ditch" (ie. on top of the seams between squares).
- 9) Trim edges of all layers of quilt so they are straight and the corners are right angles.
- 10) Take a piece of  $\frac{5}{8}$ " wide Liberty bias or straight grain binding approx 46" long. Open out one side of binding and with right sides together, align long edge of binding with longest edge of back side of quilt. Sew binding to back side of quilt, sewing along the crease of the binding.
- 11) Fold binding around raw edge of quilt and stitch through all layers close to the edge of the binding. Repeat steps 10 & 11 at opposite side of quilt.
- 12) Trim ends of bias to level with top and bottom quilt edges.
- 13) Repeat steps 10 & 11 at top edge of quilt leaving an overhang of approx 1" (using binding 36" long).
- 14) Trim binding at top and bottom of quilt edges to  $\frac{1}{2}$ " beyond quilt edge. Turn quilt over and fold binding round to top of quilt and top stitch close to edge of binding through all layers.
- 15) i) Fold end of bias over edge of quilt. ii) Fold long edge of bias over to top of quilt and iii) topstitch (as you did in step 11).
- 16) Repeat steps 14 & 15 with bottom edge of quilt. Your quilt is now finished!



Nb. Numbers correspond to instruction step numbers on page 2.

